



COFFEE 5 Each

Caffe Latte 197kcal

Cappuccino 197kcal

Flat White 197kcal

Americano 65kcal

Double Espresso 65kcal

Hot Chocolate 295kcal

TEA 5 Each

English Breakfast 33kcal

Earl Grey 33kcal

Peppermint 0kcal

Green Tea 0kcal

Fresh mint 3kcal

Lemon & Ginger 0kcal

JUICES

Freshly Squeezed Orange  
315kcal 6

Freshly Squeezed Grapefruit  
341kcal 6

Apple  
126kcal 5

Pineapple  
144kcal 5

Cranberry  
221kcal 5

kcal per 350mL



SELECTION OF PASTRIES

Croissant 254kcal 4

Pain Aux Raisins 352kcal 4

Pain Au Chocolat 252kcal 4

Bakery Basket 899kcal 10

OATS, FRUITS & GRAINS

Seasonal Fruit Plate (vg) 146kcal 10

Large Rolled Oat Porridge (v/vg) 8  
Milk 323kcal / Water 275kcal  
Oat Milk 318kcal / Almond Milk 311kcal

Organic Greek Style Yoghurt (v) 352kcal 9  
Banana, Nut Granola & London Honey

Coconut Yoghurt, Mixed Berries (vg) 454kcal 10  
Nut Granola



SMOOTHIES 8

Green Glow

Apple, Kale, Cucumber, Kiwi, Lime  
374kcal

Sunrise

Mango, Carrot, Ginger, Orange  
150kcal

ELIXIR SHOT 4

Ginger, Turmeric, Lemon, Cayenne  
59kcal

Chili & Lime Avocado Toast

Poached eggs (v) 607kcal 15.5

Oak Smoked Salmon & Scrambled Eggs

Sourdough Toast 510kcal 15.5

Three Egg Omelette

Ham, Cheddar Cheese, Mushroom 498kcal 14

Signature Breakfast Roll

Fried Egg, Cumberland Sausage, Streaky Bacon  
Avocado, Hollandaise 860kcal 11.50

Full English Breakfast

Two Eggs, Sausage, Streaky Bacon, Hash Brown, Tomato,  
Mushroom, Baked Beans, Cumbrian Black Pudding, Toast  
1150kcal 18

Full Vegan Breakfast

Plant Based Sausage, Hash Brown, Tomato, Mushroom,  
Baked Beans, Avocado, Toast (vg)  
613kcal 15

EGGS BENEDICT

Classic Benedict 518kcal 15

Royal 530kcal 16

Florentine (v) 462kcal 13.5

AMERICAN STYLE PANCAKES 13

Smoked Streaky Bacon, Blueberries & Maple Syrup  
713kcal

Banana & Nutella  
875kcal



ADDITIONS

Toast & English Butter (v) 375kcal 3.5

Egg 64kcal 3.5

Cumberland Sausage 281kcal 3

Smoked Streaky Bacon 217kcal 4

Cumbrian Black Pudding 222kcal 3

Oak Smoked Salmon 100kcal 5

Hash Browns 158kcal 3

Slow Roasted Tomato 62kcal 3

Mushrooms 53kcal 3

Avocado with Chili & Lime 295kcal 4



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VG – Vegan | V – Vegetarian – Adults need around 2000 kcal a day.  
Should you have any allergies or intolerances, please advise your server who will be happy to discuss them with you.  
Please note that whilst we minimise the risk of cross-contamination, we handle allergenic ingredients throughout  
our kitchens and cannot guarantee any allergen-free dishes.  
Our vegan dishes are made to vegan recipes but may not be suitable for guests with milk or egg allergies.  
A discretionary 15% service charge will be added to your total bill. Prices include VAT