



JUICES

6

Fresh Orange
Fresh Grapefruit
Apple
Pineapple
Cranberry

SMOOTHIES

9

Green Glow
Apple, Kale, Cucumber, Kiwi, Lime

Sunrise
Mango, Carrot, Ginger, Orange

Elixir Shot
Ginger, Turmeric, Lemon, Cayenne

FRUIT & OATS

10

Large Rolled Oat Porridge (v/vg)
milk / water / oat milk / almond milk

Organic Greek Style Yoghurt (v)
banana, nut granola & London honey

Coconut Yoghurt (vg)
mixed berries nut granola

Seasonal Fruit Plate (vg)

TEA & COFFEE

6

Cappuccino
Americano
Hot Chocolate
Caffe Latte
Flat White
Double Espresso
Espresso (4.5)

English Breakfast
Peppermint
Freshmint
Earl Grey
Green Tea
Lemon & Ginger

BAKERY

5

Croissant
Pain Au Chocolate
Pain Au Raisin

EGGS

16

Eggs Benedict
poached eggs, English muffin, hollandaise, Kent gammon ham

Florentine
poached eggs, English muffin, hollandaise, spinach

Royale
poached eggs, English muffin, hollandaise, Goldstein smoked salmon

Oak Smoked Salmon & Scrambled Eggs
sourdough toast

Three Egg Omelette
ham, cheddar cheese, mushroom



BREAKFASTS & PANCAKES

Full English Breakfast
two eggs, sausage, back bacon, hash brown, tomato, mushroom, baked beans, Cumbrian black pudding, toast

22

Chili & Lime Avocado Toast (v)
poached eggs

16

Signature Breakfast Roll
fried egg, Cumberland sausage, back bacon, cheese

12

Full Vegan Breakfast (vg)
plant based sausage, hash brown, tomato, mushroom, baked beans, avocado, toast

22

Smoked Back Bacon, Blueberries & Maple Syrup
American style Pancakes

13

Banana & Nutella
American style Pancakes

13

ADDITIONS

4

Toast & English Butter (v)
Cumberland Sausage
Smoked Back Bacon
Mixed Berries Bowl

Cumbrian Black Pudding
Hash Browns
Avocado with Chili & Lime

Slow Roasted Tomato
Mushrooms
Oak Smoked Salmon (6)