



JUICES

6

Freshly Squeezed Orange
Freshly Squeezed Grapefruit
Apple
Pineapple
Cranberry

TEA & COFFEE

6

Caffe Latte
Flat White
Double Espresso
English Breakfast
Peppermint
Fresh mint
Cappuccino
Americano
Hot Chocolate
Earl Grey
Green Tea
Lemon & Ginger

BAKERY

5

Croissant
Pain Au Chocolat
Pain Aux Raisins

SMOOTHIES

Green Glow 9
Apple, Kale, Cucumber, Kiwi, Lime
Sunrise 9
Mango, Carrot, Ginger, Orange
Elixir Shot 4
Ginger, Turmeric, Lemon, Cayenne

OATS, FRUIT & GRAINS

10

Seasonal Fruit Plate(vg)
Large Rolled Oat Porridge(v/vg)
Milk / Water / Oat Milk / Almond Milk
Organic Greek Style Yoghurt(v)
Banana, Nut Granola & London Honey
Coconut Yoghurt(vg)
Mixed Berries Nut Granola

EGGS BENEDICT

16

Classic Benedict
Royal
Florentine(v)

AMERICAN STYLE PANCAKES

13

Smoked Streaky Bacon, Blueberries
& Maple Syrup
Banana & Nutella

COOKED BREAKFAST

Chili & Lime Avocado Toast(v) 16
Poached Eggs
Oak Smoked Salmon & Scrambled Eggs 18
Sourdough Toast
Signature Breakfast Roll 12
Fried Egg, Cumberland Sausage, Streaky Bacon, Cheese

Three Egg Omelette 16
Ham, Cheddar Cheese, Mushroom
Full English Breakfast 22
Two Eggs, Sausage, Streaky Bacon, Hash Brown, Tomato, Mushroom, Baked Beans, Cumbrian Black Pudding, Toast
Full Vegan Breakfast(vg) 22
Plant Based Sausage, Hash Brown, Tomato, Mushroom, Baked Beans, Avocado, Toast

ADDITIONS

Toast & English Butter(v)	4	Cumbrian Black Pudding	4	Slow Roasted Tomato	4
Egg	4	Oak Smoked Salmon	6	Mushrooms	4
Cumberland Sausage	4	Hash Browns	4	Avocado with Chili & Lime	4
Smoked Streaky Bacon	4				

When dining with us, it is your responsibility to inform us of any allergies, intolerances, or coeliac disease. Our allergen guide identifies the allergens present within our dishes as intentional ingredients and also indicates where dishes 'may contain' an allergen. Whilst we take all reasonable precautions, our kitchens handle allergens, so we can not guarantee allergen-free dishes. Vegan dishes follow vegan recipes but may not be safe for those with milk or egg allergies.

A discretionary 15% service charge will be added to your total bill. Prices include VAT vg-Vegan | v-Vegetarian - Adults need around 2000kcal a day.

Calories information is available on request.