

## BREAKFAST MENU

Served daily from 6.30am until 11am

SOUTHPLACEHOTEL.COM

### DRINKS

#### TEA & COFFEE

Café Latte.....	£4.25
Flat White.....	£3.95
Americano.....	£3.95
Cappuccino.....	£3.95
Espresso.....	£2.95
Hot Chocolate.....	£4.25
Double Espresso.....	£3.95
Pot of Filter Coffee.....	£5.00
<b>Black Teas</b> .....	£4.45
Namdang Assam, Earl Grey Russian blend, Spicy Indian Chai Decaf Ceylon	
Grand Yunnan.....	£6.00
<b>Green Teas</b> .....	£4.45
Mao Feng green tea, Moroccan minty green tea	
<b>Scented / Flowering</b> .....	£4.45
White Jasmine pearls	
<b>Infusions / Herbal</b> .....	£3.95
Egyptian Chamomile, fresh mint, Rooibos & Vanilla Ginger & lemongrass	

#### JUICY

<b>Smoothies</b>	
Banana lush (banana, strawberries, oats, milk).....	£6.50
Blue healer (blueberries, cranberry juice, yoghurt).....	£6.50
Green grapefruit (avocado, banana, grapefruit).....	£6.50

#### JUICES

Freshly squeezed orange.....	£4.25
Freshly pressed grapefruit.....	£4.25
Apple or cranberry.....	£3.75

#### PICK ME UPS

Bloody Mary or Bucks Fizz.....	£11.50
Champagne cocktail.....	£12.50

### HOT & HEARTY

<b>Full English</b> .....	£16.50
Blythburgh back & streaky bacon, Cumberland sausage, roast vine tomato. Portobello mushrooms with tarragon butter, baked beans, homemade black pudding, two free range eggs prepared to your liking, sourdough toast	

#### TOASTED ENGLISH MUFFINS

Two free range poached eggs, béarnaise sauce:	
Benedict (ham).....	£9.00
Florentine (spinach).....	£10.00
Royale (salmon).....	£10.00
Sebastian (crab and avocado).....	£11.00

<b>London Cure Smoked Salmon</b> .....	£11.00
Scrambled eggs, sourdough toast	

<b>Smoked Haddock</b> .....	£10.50
Poached egg, wholegrain mustard hollandaise	

<b>Potato &amp; Onion Rosti</b> .....	£12.50
Fried eggs, smoked ham & Berkswell cheese	

<b>Two Clarence Court Free Range Eggs</b> .....	£6.50
Boiled Blue Leg Bar, poached, scrambled or fried Burford Brown, toast or soldiers	

<b>Free Range Egg Omelette</b> .....	£6.50
Add a topping.....	£1.00
York ham, Montgomery cheddar, tomato, onion, Portobello mushroom, spinach	

<b>Whole Roasted Kipper</b> .....	£11.50
Lemon, soft herb butter	

<b>Haggis</b> .....	£9.50
Fried duck egg	

<b>Avocado &amp; Smoked Salmon</b> .....	£9.50
Sourdough toast	

<b>Quinoa Breakfast Bowl</b> .....	£9.00
☯ Avocado, poached egg, sauerkraut & mushrooms	

### HEALTHY

<b>Porridge</b> .....	£5.50
Banana, raisins & London honey or brown sugar & whisky	

<b>Super Grain Granola</b> .....	£6.50
Natural yoghurt, seasonal fresh fruit	

<b>Blackberry Buckwheat Bircher Bowl</b> .....	£8.00
☯ Blackberries, cashews, cinnamon & vanilla	

<b>Yoghurt</b> .....	£3.50
Natural or fruit	

<b>Pink Grapefruit</b> .....	£3.50
------------------------------	-------

<b>Fresh Fruits</b> .....	£5.50
Strawberries, raspberries & blueberries	

### BAKERY

<b>Croissant</b> .....	£2.50
------------------------	-------

<b>Almond Croissant</b> .....	£3.00
-------------------------------	-------

<b>Pain Aux Raisins</b> .....	£3.00
-------------------------------	-------

<b>Pain Aux Chocolat</b> .....	£3.00
--------------------------------	-------

<b>Fruit Pastry</b> .....	£3.00
---------------------------	-------

### SOMETHING SWEET

<b>Buttermilk Blueberry Pancakes</b> .....	£7.50
Blueberries & maple syrup or bacon & maple syrup	

<b>Malted Waffles</b> .....	£7.50
Nutella & bananas or caramelised apple & cinnamon cream	

<b>Brioche French Toast</b> .....	£7.50
-----------------------------------	-------

#### ☯ ROOTED APPROVED

We've partnered with Pandora from ROOTED to create healthy and nutritionally balanced dishes. ROOTED also hold yoga sessions in the hotel on Monday evenings and Sunday mornings. Ask for more info.