

BREAKFAST MENU

Served daily from 6.30am until 11am

SOUTHPLACEHOTEL.COM

DRINKS

JUICY

COLD PRESSED JUICES FROM 'PRESS' £6.50
Greenhouse 1: kale, spinach, romaine, celery, cucumber, apple & lemon

Orchard 1: apple, strawberry, lemon & mint pressed grapefruit

Garden 2: Beetroot, apple, lemon & ginger

SMOOTHIES

Banana lush (banana, strawberries, oats, milk) £6.50

Blue healer (blueberries, cranberry juice, yoghurt) £6.50

Green grapefruit (avocado, banana, grapefruit) £6.50

JUICES

Freshly squeezed orange £4.25

Freshly squeezed grapefruit £4.25

PICK ME UPS

Bloody Mary or Bucks Fizz £11.50

Champagne cocktail £12.50

TEA & COFFEE

CAFÉ LATTE £4.25

FLAT WHITE £3.95

AMERICANO £3.95

CAPPUCCINO £3.95

ESPRESSO £2.95

HOT CHOCOLATE £4.25

DOUBLE ESPRESSO £3.95

POT OF FILTER COFFEE £5.00

BLACK TEAS £4.45

Namdang Assam, Earl Grey Russian blend, Spicy Indian Chai

Decaf Ceylon

Grand Yunnan £6.00

GREEN TEAS £4.45

Mao Feng green tea, Moroccan minty green tea

SCENTED / FLOWERING £4.45

White Jasmine pearls

INFUSIONS / HERBAL £3.95

Egyptian Chamomile, fresh mint, Rooibos & Vanilla

Ginger & lemongrass

HOT & HEARTY

FULL ENGLISH £16.50

Blythburgh back & streaky bacon, Cumberland sausage, roast vine tomato. Portobello mushrooms with tarragon butter, baked beans, homemade black pudding, two free range eggs prepared to your liking, sourdough toast

TOASTED ENGLISH MUFFINS

Two free range poached eggs, béarnaise sauce:

Benedict (ham) £9.00

Florentine (spinach) £10.00

Royale (salmon) £10.00

Sebastian (crab and avocado) £11.00

LONDON CURE SMOKED SALMON £11.00

Scrambled eggs, sourdough toast

SMOKED HADDOCK £10.50

Poached egg, wholegrain mustard hollandaise

POTATO & ONION ROSTI £12.50

Fried eggs, smoked ham & Berkswell cheese

TWO CLARENCE COURT FREE RANGE EGGS £6.50

Boiled Blue Leg Bar, poached, scrambled or fried Burford Brown, toast or soldiers

FREE RANGE EGG OMELETTE £6.50

Add a topping £1.00

York ham, Montgomery cheddar, tomato, onion,

Portobello mushroom, spinach

WHOLE ROASTED KIPPER £11.50

Lemon, soft herb butter

HAGGIS £9.50

Fried duck egg

SMASHED AVOCADO & POACHED EGGS ON

SOURDOUGH £9.00

Add bacon +£2.50

Add salmon +£4.00

QUINOA BREAKFAST BOWL £9.00

 Avocado, poached egg, sauerkraut & mushrooms

We are happy to provide information pertaining to allergies & intolerances upon request.
Prices include VAT at 20%. A discretionary 12.5% service charge will be added to your total bill
(15% for groups of 10 and above)

HEALTHY

PORRIDGE £5.50

Banana, raisins & London honey or brown sugar & whisky

SUPER GRAIN GRANOLA £6.50

Greek yoghurt, seasonal fruit compote

BLACKBERRY BUCKWHEAT BIRCHER BOWL £8.00

 Blackberries, cashews, cinnamon & vanilla

YOGHURT £3.50

Natural or fruit

PINK GRAPEFRUIT £3.50

FRESH FRUITS £5.50

Strawberries, raspberries & blueberries

BAKERY

CRIOSSANT £2.50

PAIN AUX RAISINS £3.00

PAIN AUX CHOCOLAT £3.00

APPLE & RAISIN PASTRY £3.00

SOMETHING SWEET

BUTTERMILK PANCAKES £7.50

Blueberries & maple syrup or bacon & maple syrup

MALTED WAFFLES £7.50

Nutella & bananas or caramelised apple & cinnamon cream

BRIOCHE FRENCH TOAST £7.50

Blueberry compote, vanilla cream



ROOTED APPROVED

We've partnered with Pandora from ROOTED to create healthy and nutritionally balanced dishes. ROOTED also hold yoga sessions in the hotel on Monday evenings and Sunday mornings. Ask for more info.